# BALTIC FINSWIMMING CHAMPIONSHIP 2022 RULES AND REGULATIONS

#### THE GOAL AND AIM OF THE CHAMPIONSHIP

- providing an opportunity for the athletes to demonstrate their performance and select the best ones;
- promoting finswimming;
- encouraging progress and improvement.

## TIME, PLACE AND ORGANISATION

The championship is hosted by Lithuanian Finswimming Federation in Klaipeda Swimming Pool (Dubysos g. 12, Klaipėda 93231, Lithuania) 50 metres long, 10 lanes in **May 13-14, 2022**.

Head Referee – Felicita Vaitkute.

The organisers are not responsible for any injuries, damage or losses if they occur in the duration of the championship. The Team leaders are responsible for the conduct of their athletes.

By submitting the application, the Team confirms that they have read and accepted the above. The general rules and regulations of the swimming pool will be in effect throughout the competition. The results will be captured by OMEGA QUANTUM timers.

#### **PARTICIPANTS**

The participants (athletes) that will be competing in the championship are high performing finswimmers from the Baltic states, that posses a valid medical certificate that allows participation, issued by a healthcare proffessional. The Team can consist of up to 20 athletes. In groups of A (2004 y. b. and older) and B (2005 y. b. and younger. An athlete can compete up to **only 4 events** and relays. The competition fee is  $\mathbf{\xi}$  30.00/athlete and  $\mathbf{\xi}$  20.00/team.

## **PROGRAMME:**

| 13 May (Friday) | 17.00 h V | Varm up     |
|-----------------|-----------|-------------|
|                 | 17.30 h C | competition |
| 1. 50 m AP      | women     | A & B gr    |
| 2.50 m AP       | men       | A & B gr    |
| 3.50m BF        | women     | A & B gr    |
| 4.50 BF         | men       | A & B gr    |
| 5.100SF         | women     | A & B gr    |
| 6.100SF         | men       | A & B gr    |
| 7.200BF         | women     | A & B gr    |
| 8.200BF         | men       | A & B gr    |
| 9. 400 m SF     | men       | A & B gr    |
| 10. 800m SF     | women     | open        |
| 11. 4 x 50 m BF | mix       | open        |
|                 |           |             |

| 14 May (Saturday) | 13.30 h Wa | 13.30 h Warm-up |  |
|-------------------|------------|-----------------|--|
|                   | 14.00h Con |                 |  |
| 12. 50 m SF       | women      | A & B gr        |  |
| 13. 50 m SF       | men        | A & B gr        |  |
| 14.100m BF        | women      | A & B gr        |  |
| 15.100m BF        | men        | A & B gr        |  |
| 16.100m IM        | women,     | open            |  |
| 17.100m IM        | men,       | open            |  |
| 18. 200m SF       | women.     | A & B gr        |  |
| 19. 200 m SF      | men        | A & B gr        |  |
| 20. 400 m BF      | women.     | A & B gr        |  |
| 21.400 m BF       | men        | A & B gr        |  |
| 22. 400m SF       | women      | A & B gr        |  |
| 23.800m SF        | men,       | open            |  |
| 24.4x 50 m SF     | women      | Bgr             |  |
| 25.4 x 50 m SF    | men        | Bgr             |  |

#### **AWARDS CEREMONY:**

The 1st place holders of each event will receive cups, 2nd and 3rd will receive medals.

### APPLICATION SUBMISSION

Teams must submit their entry applications via "Entry Editor" until <u>7th May 2022 10:00 h</u> to <u>felvait@gmail.com</u>. Applications submitted after the deadline will not be considered. Changes to the application can be made until <u>10th May 2022 20:00 h.</u>

Accommodation enquries will be accepted until 1st May 2022.

## **ADDITIONAL INFORMATION**

The Baltic States Finswimming Championship is a public event that may be recorded by filming and/or photography. The recorded material will be distributed to the press and/or published on social media. Everyone involved in the competition must follow the LRV safety protocol. The organisers have a right to change the date, time, logistics and competition process, etc.