



II OPEN BALTIC FINSWIMMING CHAMPIONSHIP



18th - 20th January 2019

The Polish Underwater Federation PZPn invite all interested Federations and Clubs to participate on the **II OPEN Baltic Finswimming Championship** for categories A, B, C, D, E organized in the period from 18th to 20th of January 2019 in Olsztyn.

Categories and races:

The competition is governed by the Finswimming International Rules, that every athlete affirms to know and to follow.

Categories are the following:

category A – 2001 and older

category B – 2002 - 2003

category C – 2004 - 2005

category D – 2006 - 2007

category E – 2008 - 2009

CATEGORY: A, B, C

50 m ap

100 m im

50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf

50 m bf, 100 m bf, 200 m bf, 400 m bf

CATEGORY: D

100 m im

50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf

50 m bf, 100 m bf, 200 m bf, 400 m bf

CATEGORY: E

50 m sf, 100 m sf, 200 m sf, 400 m sf

50 m bf, 100 m bf, 200 m bf, 400 m bf

Relays:

4 x 50 m BF mikst Junior (E,D) and OPEN (A,B,C)

4 x 100 m SF mikst Junior (E.D) and OPEN (A,B,C)

Additional race:

400 m im OPEN

IMPORTANT:

1. In mikst relay can swim 2 boys and 2 girls.
2. In relay JUNIOR can swim athletes younger than 2006 - cat. E or D (E,D,D,D or E,E,D,D or E,E,E,D D,D,D,D etc.)
3. In relay OPEN can swim athletes in cat. C or B or A (all from A or C,C,B,B etc..)
4. There will be the general classification for clubs. Best three athletes on every distance (without additional race) bring the points for club classification and all relays. First place 50 points, second 48, 46... etc.
5. There is no limit of number of starts for the competitor and no limit of number of competitors from the club for individual race.
6. The start lists will be according to the reported times - all categories together will start from girls the youngest categories.
7. There will be electronic timer system – Omega.
8. Finswimmers category E have to swim in “small” monofins, maximum size: 625mm x 690 mm without **any** modifications (side wings etc.)

Swimming pool:

The competition will take place in the “AQUASFERA Swimming Pool” in Olsztyn. The pool has a length of 50m, a width of ten lanes and a depth of 2m. The temperature of the water is 26°C (± 1°C). Address: Aleja Piłsudskiego 69b – Olsztyn.



Preliminary and registration procedures:

1. **Preliminary entry** - application must be filled and sent before **05. January 2019** to email address: biuro@pzp-n.pl (Enclosure 1)
2. **Final entry** has to be completed in the Splash program before **14. January 2019**
The instructions about Splash final entry will be provided after receiving the preliminary entry.
3. **Competition Office** will be open on 18th January 2019 from 16.00 to 20.00 at the swimming pool Aquasfera, address: Aleja Piłsudskiego 69 b in Olsztyn.

Checking equipment and bottles:

The judges are authorized to control swimmers' equipment at any time during the competitions. All bottles must have passed a hydrostatic test less than 2 years before the competition or even less if it is required by the local legislation. Filling bottles will be possible before and during competition.

Prizes:

Individual prizes:

- medals will be given to the first three athletes in every individual race in all category A, B, C, D and E
- there will be two categories in relays – JUNIOR /ED/ and OPEN /ABC/
- the best three athletes in additional race – 400 m

Teams prizes:

- cups for the best three clubs

Awarding ceremonies will take place during the competition. Athletes must wear official uniforms of their teams.

Responsibility:

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

Accommodation and fee:

Organizers offer accommodation possibility during the competition with enrolment deadline of **5th January 2019 (Enclosure 2_Booking Form):**

110 euro/person for full accommodation in hotel***

from Friday 18th - dinner till Sunday 20th - breakfast

(The price include all individual starting fees !)

- Club fee **20 euro (including all relays)**
- Extra day **40 euro /day /person**
- Single room **25euro /day /person**
- If you don't want an accommodation provided by us, then the starting cost is **50 euro/athlete.**

Payment in cash will be possible in Competition Office on 18.01.2019 or by bank transfer (preferred):

Name of the Bank : BANK ZACHODNI WBK SA

Address: I ODDZIAŁ GDYNIA
UL. 10 LUTEGO 11
81-366 GDYNIA

Beneficiary: Polski Związek Płetwonurkowania
ul. Hallera 2
83-400 Kościerzyna, Poland

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL9310901102000000115588285

Transport:

If You need any transport please inform us by e-mail.



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18th - 20th January 2019

PROGRAM

Friday 18th January 2019

- 16.00 – 20.00 Arriving of teams, checking of documents, payment of participant fee and accommodation fee in the Competition Office
- 18.00 - 20.00 Training time
- 19.30 Technical meeting at the swimming pool Aquasfera

Saturday 19th January 2019

- 8.00 – 8.50 Warm up
- 9.00 50 m ap W/M cat. E D C B A
50 m bf W/M cat. C B A
800 m sf W/M cat. E D C B A
400 m bf W/M cat. E D C B A
400 m im W/M Open
- 14.00 – 14.50 Warm up
- 15.00 Opening Ceremony
- 15.30 100 m im W/M cat. D C B A
50 m sf W/M cat. E D C B A
200 m bf W/ M cat. E D C B A
200 m sf W/ M cat. E D C B A
4 x 50 m bf mikst relay Junior
4 x 100 m bf mikst relay Open

Sunday 20th January 2019

- 9.00 – 9.50 Warm up
- 10.00 100 m sf W/M cat. E D C B A
400 m sf W/M cat. E D C B A
100 m bf W/M cat. E D C B A
4 x 50 m sf mikst relay Junior
4 x 100 m sf mikst relay Open
Awarding Ceremony