



OPEN BALTIC CHAMPIONSHIP

IN FINSWIMMING

9th – 11th of May 2019



PURPOSES OF COMPETITION

- to popularize Finswimming sport between youth,
- to identify the best sportsmen in different distances,
- to raise skills of sportsmen,

DATE AND PLACE OF EVENT

The competition will be held $9^{th} - 11^{th}$ of May 2019 in Klaipeda Lithuania . The swimming pool has length of 50 m. It has 10 lines. The temperature of the water is + 27 C.

<u>Time registration</u> electronic SWIS timming Address: Dubysos 12, Klaipeda,Lithuania.

Arrival date: 9th of May 2019 until 18.00 P.M.

Delivery booking until 8 April 2019;

of technical applications until 4th May 2019

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PARTICIPANTS

Involving teams from **Belaruss,Poland,Estonia,Russia,Ukraina,Lithuania.** The competition is personal. The team consists of up to **18** sportsmen, 1 judges, 1 coach, 1 team leader. The age of sportsmen is unlimited – "A" group-open; BC-group(2002-2005);

"D"group-2006 end jung.

<u>Participants could partake in 4 fights</u>. Points will be calculated according to the C.M.A.S. point table. The competition is with valid rules of CMAS.

PROGRAM OF COMPETITION

Friday afternoon, 09th of May 2019 19.30 – 20.30- Training possibility

- Friday morning, 10th of May
- 10.30 Warming-up
- 11.00 Start of competition
- Program: 50 m SF (W, M) all group 100m BF(W, M) all group 100 m IM (W,M) A; B-C 400 m SF (W,M) all group 4x50mBF mix(2w+2m) BC,D

Friday afternoon, 10th of May

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15.00	Warming-up
15.30	Start of competition
Program:	50m BF (W, M) all group
	100 m SF (W.,M) all group
	400 m BF(W,M) A,B-C
	200m SF (W,M) all group
	4x100 m SF relay (W, M)open

Saturday morning, 11th of May

Warming-up
Start of competition
50 mAP (W,M) A,B-C
200 m BF (W,M) all group
400 m IM (W,M)A,B-C
800 m SF (W,M) open
4 x 50mBF(W,M) open

Individual prizes: First will be given Cup, II,III –medals; lassified athletes in every individual race

The inscription fee :

20 eur for each club;

6 eur each distane;

8 eur eah relay

Accommadation:

Full board accommodation is offered (from Thursday dinner, until Saturday lunch) end Hotel **100 eur**/person (rooms 2,3,4 beeds.)

Extra day 30 EURO/person/night.

Single room extra price is 30 EURO/person/day.

Athletes not using the full board accommodations offered by the Organizing Comittee and arrange theire accommodation on an individual basis are required

to pay **20 euro**/person as organizing fee.

Active Hotel to swimmpool 5km

